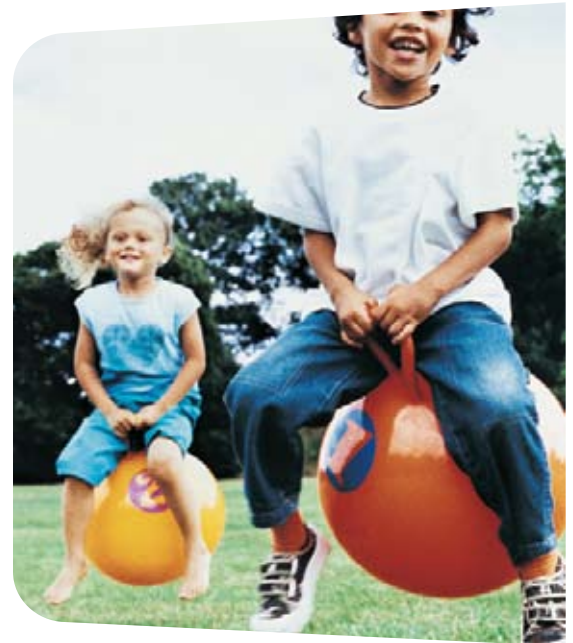


Anthem's Lumenos<sup>®</sup> plans cover preventive services recommended by the U.S. Preventive Services Task Force, the American Cancer Society<sup>®</sup>, the Advisory Committee on Immunization Practices and the American Academy of Pediatrics. The preventive care benefit includes screenings, immunizations and other services to detect medical conditions in advance and keep you healthier in the long run.

To encourage consumers to receive the appropriate preventive services, these services are covered at 100% when received from an in-network provider<sup>1</sup>. Plan deductibles and health account dollars do not apply to these services. If preventive care services are provided by an out-of-network provider, then the plan deductible and out-of-network coinsurance responsibility will apply, and health account dollars may be used to cover these costs. If any of these services are received for diagnostic purposes, for example, a colonoscopy when symptoms are present, the appropriate plan deductible and coinsurance will apply and available account dollars may be used to cover costs.

To allow doctors to prescribe the preventive care services appropriate for the individual consumer, frequency and age restrictions do not apply to these preventive care services. (Note: Some immunizations are only FDA approved for certain genders and ages.) The following is an overview of the types of preventive services covered:



### Child Preventive Care

#### Preventive Physical Exams

##### Screening Tests including the following:

- Eye chart vision screening<sup>2</sup>
- Hearing screening
- Screening for lead exposure
- Pelvic exam, Pap test and contraceptive management

##### Immunizations:

- Hepatitis A
- Hepatitis B
- Diphtheria, Tetanus, Pertussis (DtaP)
- Varicella (chicken pox)
- Influenza (flu shot)
- Pneumococcal Conjugate (pneumonia)
- Human Papilloma Virus (HPV)
- H. Influenza type b
- Polio
- Measles, Mumps, Rubella (MMR)
- Meningococcal Polysaccharide
- Rotavirus

### Adult Preventive Care

#### Preventive Physical Exams

##### Screening Tests including the following:

- Eye chart vision screening<sup>2</sup>
- Hearing screening
- Cholesterol and lipid level screening
- Blood glucose test to screen for Type II diabetes
- Prostate cancer screenings including digital rectal exam and PSA test
- Breast exam and Mammography screening
- Pelvic exam, Pap test and contraceptive management for females
- Screening for sexually transmitted diseases
- HIV test
- Bone density test to screen for osteoporosis
- Colorectal cancer screening including fecal occult blood test, barium enema, flexible sigmoidoscopy and screening colonoscopy
- Routine blood and urine screenings

##### Immunizations:

- Hepatitis A
- Hepatitis B
- Tetanus, Diphtheria (Td)
- Varicella (chicken pox)
- Influenza (flu shot)
- Pneumococcal Conjugate (pneumonia)
- Human Papilloma Virus (HPV)
- Measles, Mumps, Rubella (MMR)
- Meningococcal Polysaccharide
- Herpes Zoster (shingles)

<sup>1</sup> Some individual plans cover preventive services at 80%.

<sup>2</sup> Some plans cover additional vision services. Please see your Contract or Certificate of Coverage for details.

If you have questions, please call toll-free <1-xxx-xxx-xxxx>.

This is not a contract or policy. This sheet is not a contract with Anthem Blue Cross and Blue Shield. If there is any difference between this sheet and the group policy, the provisions of the group policy will govern.

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